



The Four Seasons

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January 2021



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GOODBYE 2020

WELCOME 2021

What a crazy year 2020 was!

Thank God we survived.

- There was the Australian bush fires that destroyed a lot of the country's land and killed so much wildlife!
- Prince Harry and Meghan Markle quit the royal family! WOWza!
- COVID 19 Pandemic changed our normal way of life and had us all scrambling to find toilet paper!
- Kobe Bryant and his daughter were killed in a helicopter crash.
- Donald Trump was impeached and then he was acquitted.
- The Dow Jones industrial average suffered its worst single-day point drop ever on March 9.
- Black Lives Matter protests and riots swept the nation.
- Murder hornets arrive in the USA.

- Deadly wildfires erupted from California to Washington state, burning millions of acres and displacing hundreds of thousands of people since mid-August.

I mean isn't that enough?

CRAZINESS!

Let's all hope and pray that 2021 will be the complete opposite. Let's make 2021 a positive healing year.

"Do unto others as you would have them do unto you."

This is something that would help make all of our lives better. :)

Cheers to 2021



Christmas Luncheon

With our lives being turned upside down during these difficult times,

it was nice to see so many of you participate in the Christmas Luncheon Pick-up. We were happy to be able to have something to provide in celebration of the holidays.

Thank you to Wild Cherries for the delicious meal!

Honoring MLK Jr.

The third Monday of each January, Martin Luther King Jr. Day remembers the legacy of the American civil rights leader. It's the first federal holiday to honor an African American, and the first for a private citizen who never held a public office.



WELCOME HOME

CLASSIFIEDS

- Mowing, Dog walking, Grocery pickup: Call Michelle (Mom) 815-354-3356
- J&L Tree Removal- Trimming, cut down and stump grinding- 815-281-2351, 815-281-2382
- Interior and Exterior Painting: Contact Mike Reidy: 815-323-5007
- Manufactured Home Repair: Contact Ed Koenig at 815-484-3029
- Snow removal- Dean Steichen- 815-979-6284
- Snow removal, Electric & Handyman: Contact Larry Burchard 815-547-4486
- Carey's heating and air conditioning service, 24 hrs./7 days a week, Licensed- Call Mike at 815-222-2316
- Light housekeeping, errands and shopping: Call Kathy-847-942-9976
- Traveling Paws Mobile Grooming, dog groomer: Contact Bridget at 815-980-7023 or email travelpawsmg@gmail.com
- Cropps Garage Door: 815-282-2702 or 815-282-1849. Emergency: 815-703-0342
- Interior and exterior painting: Anthony Shattuck- All about painting 815-975-9692
- Green Acres Lawn care 815-703-0873
- Top Shot- Plumbing, heating, cooling, handyman services- contact Doug Finke or Andrew Smith- 815-394-9112
- Carpet Cleaning-Clean Transformation- 815-601-1211

Travelingpawsmobilegrooming.com

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Kick-Start Your Day

How you start your day affects how you feel and act the rest of the day. These simple habits can get you ready to take on whatever comes your way.

Wake up to music. Groggy when you first get up? Using an upbeat song instead of a harsh beeping sound as your alarm can help you feel more awake and alert. Scientists say a melody eases the brain into waking up, while alarms seem to confuse it.

Stay offline. If you use your phone

as an alarm, resist the urge to stay on your device and scroll through your social media, check your email or read the news. Use the time to make a plan for the day ahead, journal or just think.

Make your bed. This small task can have a big impact on the rest of your day. High achievers agree that completing small actions, such as straightening your bed, will give you a sense of pride and provide momentum to accomplish other tasks.

Put in a sweat session. Not having enough time is one reason people give for not exercising. Working out first thing ensures this healthy habit gets done.

Try a cold blast. Before getting out of the shower, brace yourself and end it with a short blast of cold water. You'll get a surge of energy from your body's reaction, and research shows the icy temp helps release endorphins.

Budget-Friendly Fun

This year, make a resolution to have fun! Here are some ideas for free and low-cost activities:

For at-home entertainment, explore streaming services that offer free programming. Take advantage of free trials of streaming movies, TV, music and audiobooks. Just be sure to set a calendar reminder to cancel the service before the trial period ends. With a library card, you can access e-libraries of streaming video, music and magazines, as well as borrow DVDs and CDs.

Call nearby museums, zoos or aquariums or check their websites to find out if they offer admission-free days.

When dining out, make the most of any discounts, happy hours or daily specials, and kids-eat-free meals. Your birthday can get you a free drink or meal at some eateries.

To exercise without sweating the expense, check to see if local gyms or yoga studios offer free passes to use their equipment or take a class. You can also follow fitness trainers online. And the great outdoors provides nature trails, state parks, public beaches and playgrounds.

Many businesses and attractions give discounts to students, veterans and older adults, so always ask. There may be members-only rates for those who work for certain employers or use a specific wireless provider or bank.



TOP BOOKS TO READ

I don't know about you, but I love the feel and smell of a good book.

I love going to Barnes and Nobles or the library to peruse all the options available to read.

Did you know that Barnes and Nobles has an option to buy online and pick up your book curbside? It is perfect for those of us who don't want to be in the midst of a lot of people during the pandemic, or those who have a difficult time getting around.

Here are some suggestions of goods reads from Barnes and Nobles to consider during the cold winter months

- Miss Benson's Beetle- by Rachel Joyce

an uplifting, irresistible novel about two women on a life-changing adventure, where they must risk everything, break all the rules, and discover their best selves- together.

- When Time Stopped: A Memoir of My Father's War and What Remains -by Arina Neumann

Powerfully tender, this immersive Holocaust memoir is also an exquisite work of literary journalism.

- The Witch Hunter -by Max Seeck

A shocking murder in an affluent Helsinki suburb has ties to witchcraft and the occult in this thrilling U.S. debut from Finnish author Max Seeck.

- The Grace Year- By Kim Liggett

Though set in a dystopian world, this unputdownable thriller is a haunting exploration into the all-to-real way society sees and treats women and the complicated relationships women have amongst themselves.

If you don't want to go the the store or the library we have so many FREE books here in our office for you to take as you wish!

Just head downstairs and you are welcome to take as many books or magazines to read as you wish.

Grab a blanket.

Build a fire in your fireplace (if you have one).

Grab a book and a cup of hot cocoa, coffee or tea and escape away on the cold days ahead.

ENJOY



With Deepest Sympathy

Our deepest Sympathies go to

- Anna Bratko and family on the passing of her husband Zygmunt
- Lin Behrends on the passing of her granddaughter Lydia Faith
- Donna Booker and family on the passing of her sister.

welcome to the Community

Welcome these new residents to our community

- Nicolas Garvey and family
- Bruce and Julie Towner and family
- Elizabeth Richartz



Snow Parking Rules

Remember

No street parking if there is 2" of snowfall.

If there are any vehicles parked in the street , and there is 2" of snow the vehicle will be towed.

No parking in the street is allowed at all from

11:00 PM- 6:00 AM all year round.

WANT TO START YOGA?

START BY BENDING OVER AND PICKING UP YOUR

DOG POO

KNOWN AS DOWNWARD DOG POSITION THEN PUT IT IN THE TRASH



January 2021

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

JANUARY

					LOT RENT IS DUE	1	2
					HAPPY NEW YEAR! THE OFFICE IS CLOSED		
3	4	5	6	7	8	9	
		Don't Miss It! Last Day to Pay Rent Before Late Fees Begin!				LAW ENFORCEMENT APPRECIATION DAY	
10	11	12	13	14	15	16	
				NATIONAL DRESS UP YOUR PET DAY			
17	18	19	20	21	22	23	
	REMEMBER HIS DREAM MLK JR. DAY		PENGUIN AWARENESS DAY				
24/31	25	26	27	28	29	30	
					NATIONAL PUZZLE DAY		

Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13	
14				15				16					
17				18				19					
20				21				22					
			23				24			25	26	27	
	28	29				30	31	32	33				
34						35		36		37			
38						39				40			
41						42				43			
44				45			46	47					
48				49		50		51					
			52				53	54			55	56	57
58	59	60				61				62			
63						64				65			
66						67				68			

ACROSS

- Grows gray
- Padres' stats
- Full
- Nag
- Apiece
- Door support
- Pointed, projecting part
- Request
- Mr. John
- Title role for Barbara Stanwyck
- Musical notes
- Use a hand shuttle
- Feather's partner, in phrase
- Natural environment
- Pick
- Mountaineer's spike
- Amount to be swallowed
- Stiffly formal
- Aleutian island
- Transmitted electronically
- Biblical twin
- Ollie's partner
- Foreign leader's title
- Golf shop purchases
- Cattleman
- Solicit votes
- English rhos
- "Hurray!"
- Bit of cereal

DOWN

- People who seek a homeland
- Curtin and Pauley
- Lamenter's word
- Sad item
- Sudden and sharp
- Drink much and often
- Island goose
- Apportioned
- Notorious German
- Quit
- Plays a part
- Canter, for one
- White-tailed eagle
- Fascinated
- Meal
- Like Telly
- ___ cake; apply frosting
- Commandment word
- Blade case
- Is in poor health
- Trinitrotoluene, familiarly
- Conceit
- Private area
- Form of "to lie"
- Spiked the punch
- Trunks
- Afghans and others
- Twin brother of Romulus
- Batter
- Damask rose oils

- First of zillions
- Poisonous
- "-ectomies"
- Turkish title
- Blood fluids
- Wild
- ___ the Terrible
- Wiped out
- Bangs and clatters
- Shrub
- ___ Seeger
- Blackthorn fruit
- Touches lightly
- Assist in crime
- Chihuahua child
- Bit of progress
- Strawberry concoction
- Part of a blackjack
- Kook

